



THE IMG JOURNEY

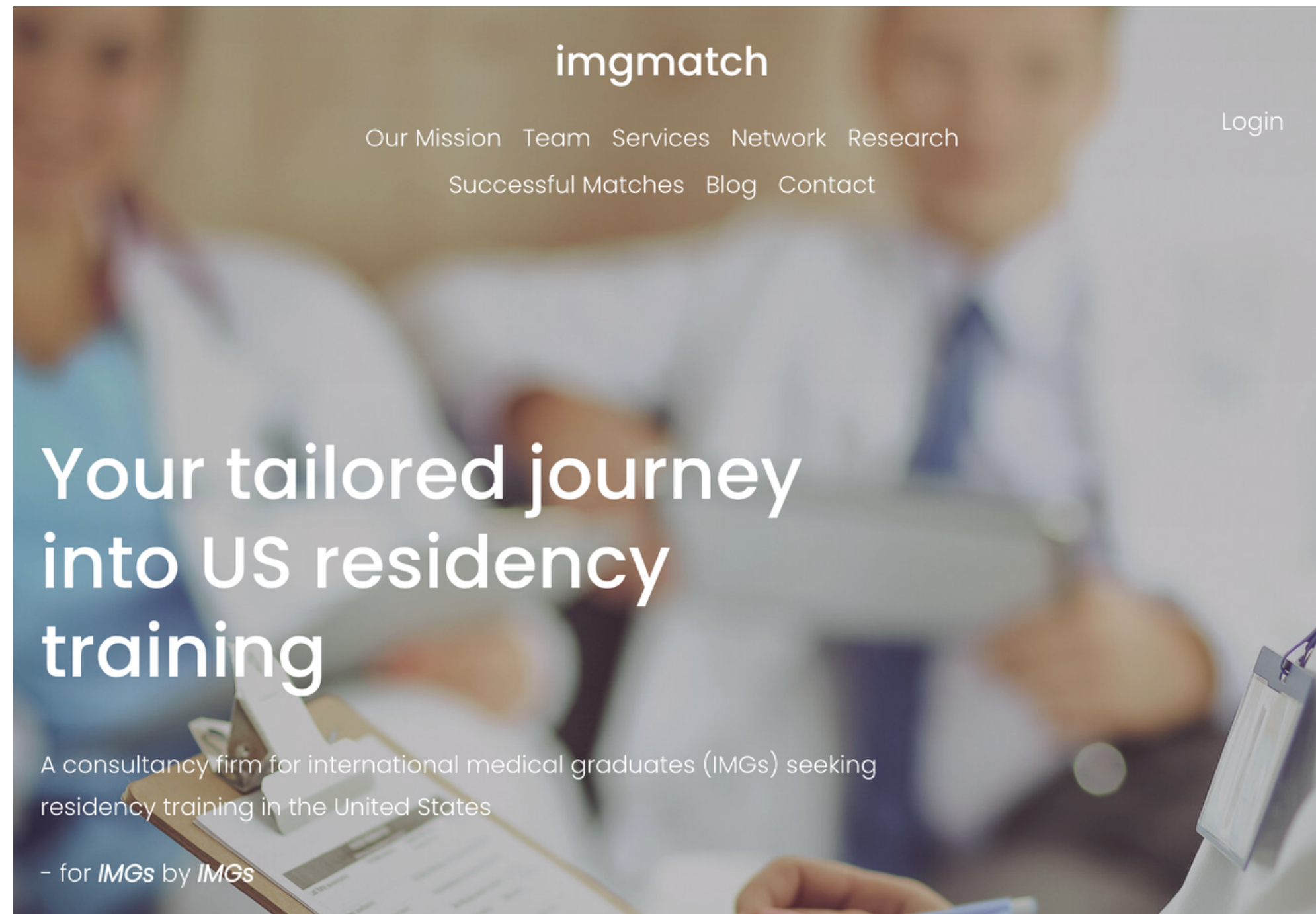
RUAN QING ZHAO
MB, BS

DISCLOSURE

IMGMATCH LLC

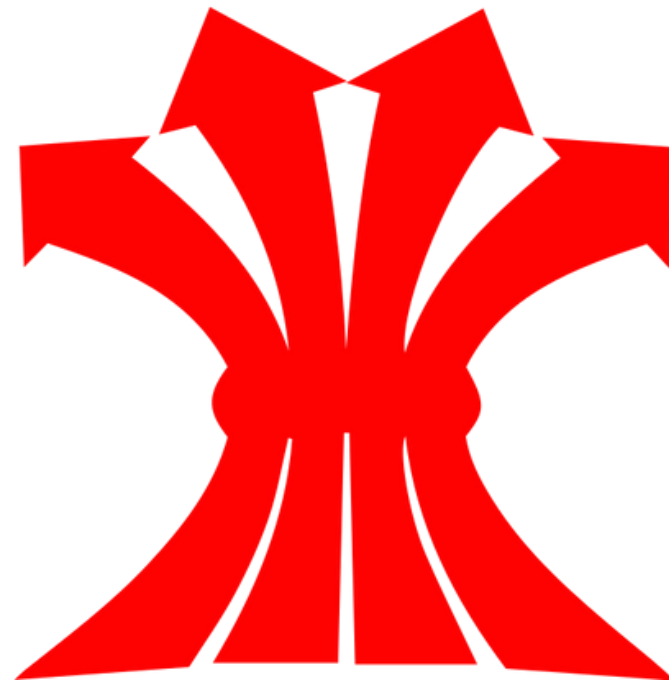
Co-founder

**Consultancy firm providing
residency match services to IMG**





ABOUT ME





ABOUT ME





ABOUT ME

FOUNDATION TRAINING (UK)

FY1: General Surgery, Internal Medicine

FY2: ENT, General Surgery, GP



**Oxford
University Hospital**
NHS Foundation Trust



ABOUT ME

Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

BETH ISRAEL DEACONESS MEDICAL CENTER

A Harvard Medical School Teaching Hospital





ABOUT ME

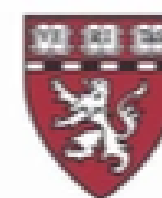
NON-CATEGORICAL RESIDENCY (BOSTON, US)

PGY1: General Surgery

Beth Israel Deaconess
Medical Center

Department of Surgery

Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Division of Plastic and Reconstructive Surgery





ABOUT ME

NON-CATEGORICAL RESIDENCY (NYC, US)



PGY2: General Surgery





ABOUT ME

CATEGORICAL RESIDENCY (BOSTON, US)



PGY3: Anesthesiology

Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL



ABOUT ME

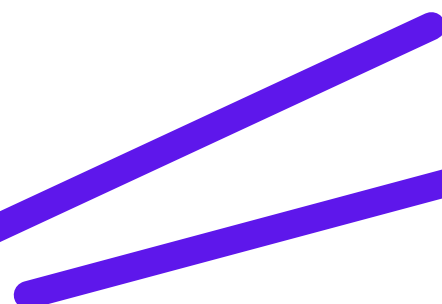
UN-SUMMARIZED



2014



Beth Israel Deaconess
Medical Center
Department of Surgery



Beth Israel Deaconess
Medical Center



HARVARD MEDICAL SCHOOL
TEACHING HOSPITAL

Division of Plastic and Reconstructive Surgery



2020



Beth Israel Deaconess
Medical Center
Anesthesia, Critical Care
and Pain Medicine



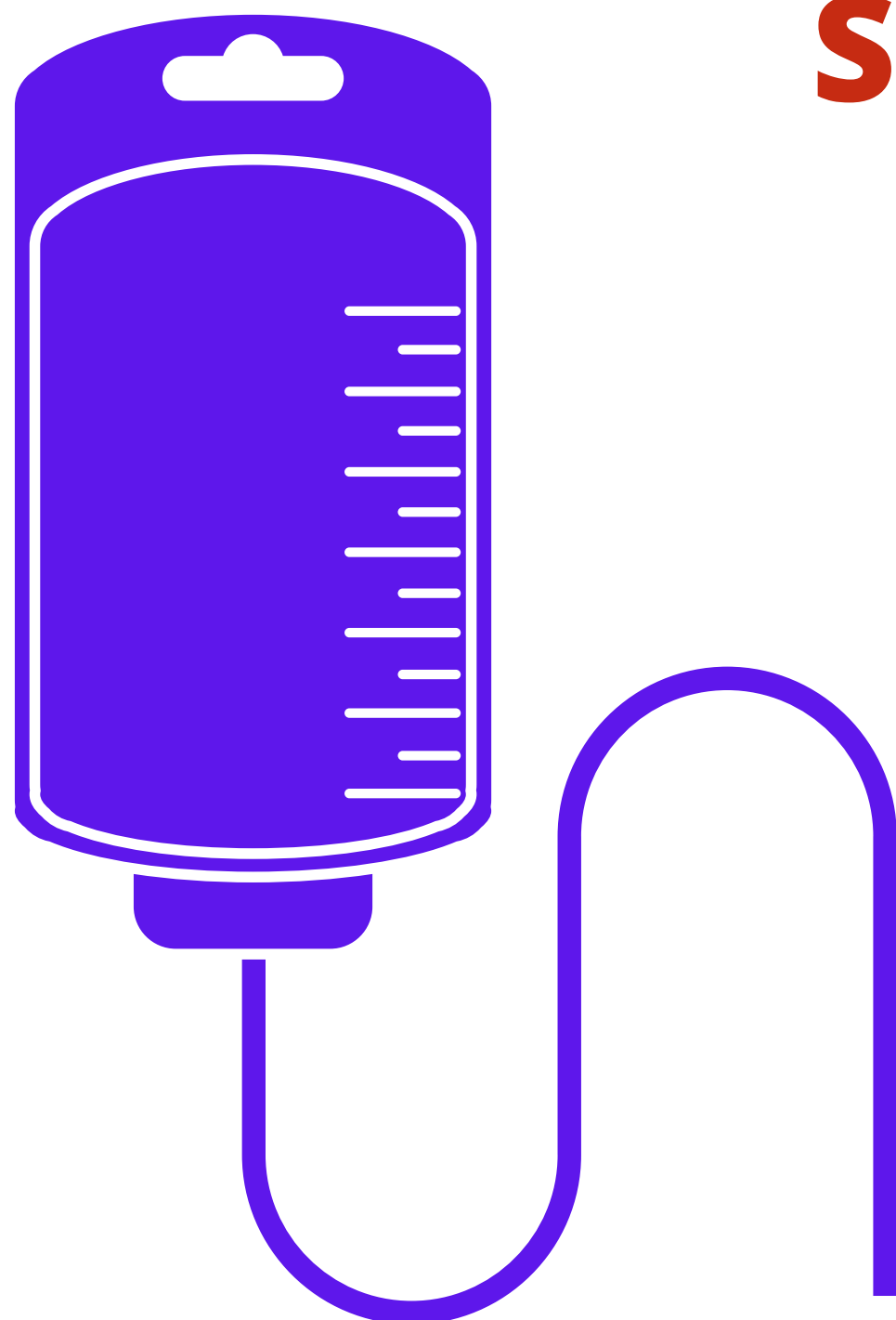
ABOUT UK





ABOUT UK

UK TRAINING STRUCTURE



FY1

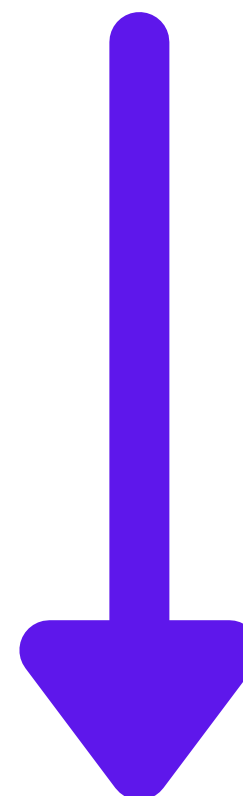
FY2

CT 1 - CT 2

ST 3 - ST ? (up to 8)

Fellow

Consultant





ABOUT UK

UK TRAINEE HRS & VACATION

40 hrs/ week on average

12 hr overnight calls

Annual paid leave 27-33 days

Additional study leave



ABOUT UK

UK RENUMERATION

FY1-FY2: £28,808 to £33,345

CT-ST: £39,467 to £77,519

Consultants: £82,096 to £110,683





ABOUT UK

UK REGISTRATION, LICENSURE & VISA

PLAB 1 +2 (Specialty + College dependent)

Certificate of Sponsorship (CoS)

General Medical Council (GMC) registration

Tier 2 work VISA



ABOUT US





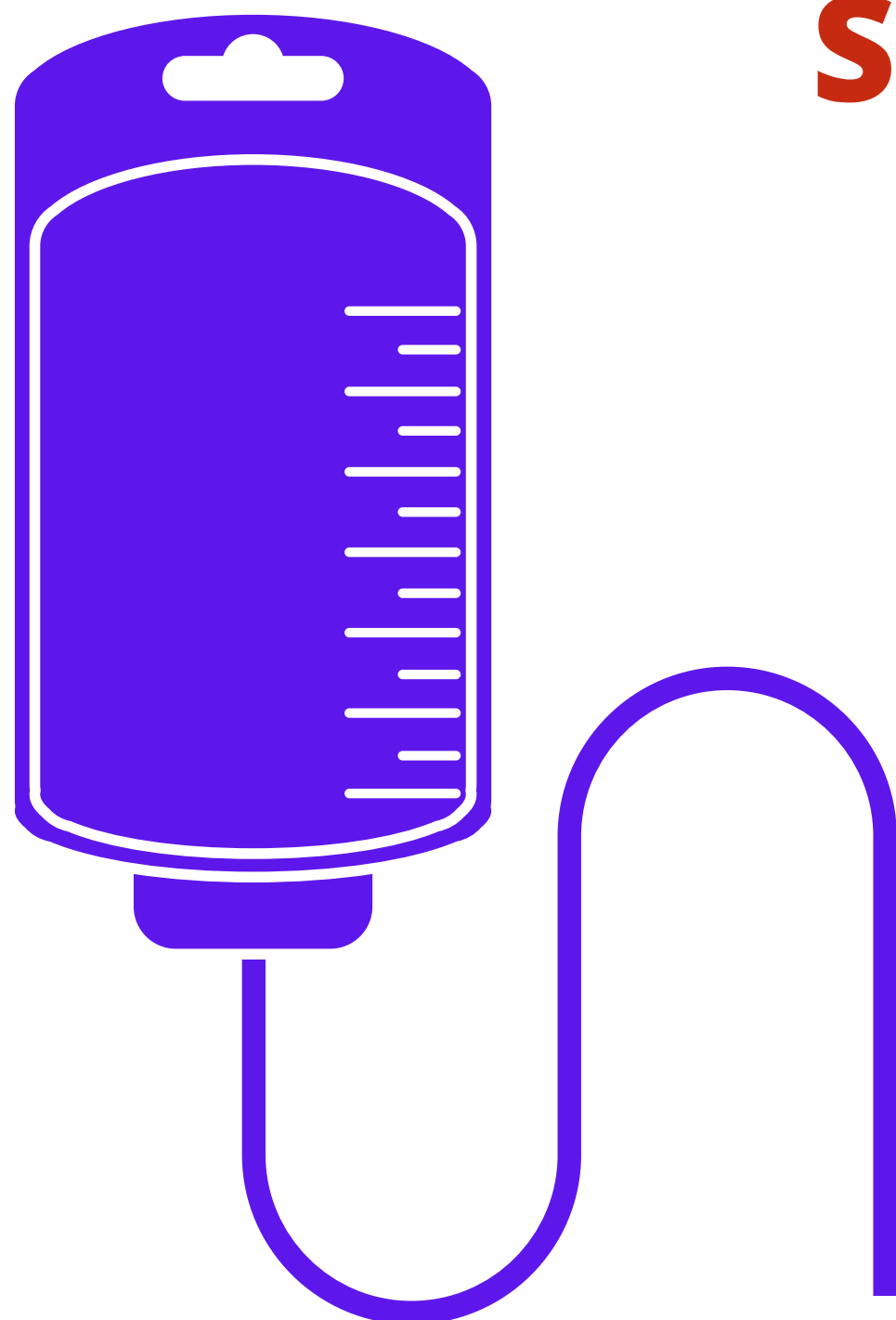
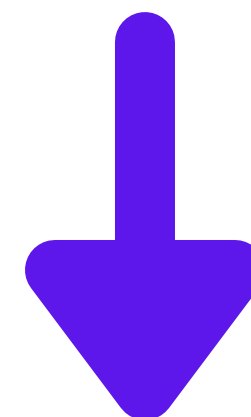
ABOUT US

US TRAINING STRUCTURE

PGY 1 - PGY 8 (cat vs non-cat)

Fellow

Attending





ABOUT US

US TRAINEE HRS & VACATION

80 +/- hrs/ week (State, specialty - dependent)

24 + hr calls

Annual paid vacation days 20



ABOUT US

US RENUMERATION

PGY1 - ?8: \$60,000 w/ annual increment of \$3,000

- \$5,000 (State, specialty, practice-dependent)

Fellow: >\$75,000

Attendings: \$120,000 to >\$600,000





ABOUT US

US REGISTRATION, LICENSURE & VISA

USMLEs (Steps 1-3)

ECFMG certification

Match into and complete residency

State licensure + board exams

J-1 or H1B VISAs



WORK %

Challenge

Skillset

Research

Versatility

Reward

Well-paced

Comfort

Security

Integration

LIFE %



***You are the
most valuable
asset!***





+

THANK YOU!

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[#thekoala_doc](https://twitter.com/thekoala_doc)

